



FALLS CITY PUBLIC SCHOOLS

2020-2021 FCPS Winter Season Guidelines

Participants, coaches, officials or spectators that feel sick should not attend or participate in practice or competition. The NSAA & Falls City Public Schools requires all non-active participants, coaches, and spectators to wear face coverings. Physical distancing should be practiced when possible.

Indoor gatherings will be limited to 25% of rated occupancy.

Basketball

Falls City High School will use two sites during JV/V doubleheaders.

Varsity games will play at the High School and JV games will be played at the Middle School. Game times will be at 5:30pm & 7:30pm on weeknights and 2:00pm and 4:00pm on Saturdays.

Girls varsity will be played first, followed by Boys varsity at the High School.

Boys junior varsity will be played first, followed by Girls junior varsity at the Middle School

Note: The gymnasium will be emptied after the first game to allow second game fans to enter.

Attendance will be limited to household members of participants only. Both home and visiting schools will have a pass list for each participant at the gate. **Limit of 4**

Cheerleaders will be allowed at Falls City. Household members as well.

Six (6) feet of separation required between household units.

Each participant will need their own water bottle for hydration. We have water bottle filler at both playing sites. Falls City is requiring visiting teams to bring their own water cooler. Visiting team will be allowed to fill cooler at Falls City.

All varsity contests played at Falls City High School will be streamed over Striv for the public to view.

Face coverings will be required for all basketball players and cheerleaders when they are not active (sitting on the bench, huddling, standing on the sideline, or in the locker room).

All coaches will be required to wear face coverings at all times.

Coaches will be required to temperature check basketball players, cheerleaders, and student managers before all contests.

Each teams bench will have two rows to assist in social distancing of players and coaches.

Eliminate pregame introduction handshakes and fist bumps and post-game protocol of shaking hands.

Visiting teams will be assigned a classroom to change in at the High school.

Halftime they will be allowed to use a locker room.



FALLS CITY PUBLIC SCHOOLS

2020-2021 FCPS Winter Season Guidelines

Participants, coaches, officials or spectators that feel sick should not attend or participate in practice or competition. The NSAA & Falls City Public Schools requires all non-active participants, coaches, and spectators to wear face coverings. Physical distancing should be practiced when possible.

Indoor gatherings will be limited to 25% of rated occupancy.

Wrestling

Attendance will be limited to household members of participants only. Both home and visiting schools will have a pass list for each participant at the gate. **Limit of 4.**

Cheerleaders will be allowed at Falls City. Household members as well.

Six (6) feet of separation required between household units.

All varsity contests at Falls City High School will be streamed over Striv for the public to view.

All wrestlers will have temperature checks at weigh-ins (for coaches and athletes).

Weigh-ins completed by team rather than should-to-shoulder.

Eliminate shaking hands with officials at any time.

Eliminate shaking hands with opposing coach.

Mandatory cleaning of mats before the start of each dual.

Sanitary wipes and sanitizer available at the scoring table.

Coaches need to wear face coverings at all times.

When not competing, wrestlers need to wear face coverings and physical distance.